MARCH 2020 - Menus



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Grades 9-12 Breakfast

MENUS ARE SUBJECT TO CHANGE

3-2 Deluxe Cereal Bowl – V, S Fruit – S Fruit Juice Got Milk	3-3 Turkey Ham & Cheese on Hawaiian Roll Fruit- \$ Fruit Juice Got Milk	3-4 French Toast Trio – V Fruit – S Fruit Juice Got Milk	3-5 Beef Sausage Pancake Sandwich Fruit - \$ Fruit Juice Got Milk	3-6 Fiesta Bean & Cheese Burrito - V Fruit - S Fruit Juice Got Milk
3-9 Cinnamon Pan Dulce – V, S Fruit – S Fruit Juice Got Milk	3-10 Italian Cheese Pocket – V Fruit – S Fruit Juice Got Milk	3-11 Café LA Coffee Cake – V, S Fruit – S Fruit Juice Got Milk	3-12 Morning Beef Sausage Sandwich Fruit S Fruit Juice Got Milk	3-13 Mini French Toast Bites – V Fruit – S Fruit Juice Got Milk
3-16 ** Deluxe Cereal Bowl Fruit - \$ Fruit Juice Got Milk	3-17 Turkey Ham & Cheese on Hawaiian Roll Fruit – \$ Fruit Juice Got Milk	3-18 French Toast Trio – V Fruit – S Fruit Juice Got Milk	3-19 Beef Sausage Pancake Sandwich Fruit- S Fruit Juice Got Milk	3-20 Fiesta Bean & Cheese Burrito – V Fruit – S Fruit Juice Got Milk
3-23 Chocolate Crescent – V Fruit – S Fruit Juice Got Milk	3-24 Italian Cheese Pocket – V Fruit – S Fruit Juice Got Milk	3-25 Café LA Coffee Cake – V, S Fruit – S Fruit Juice Got Milk	3-26 Morning Beef Sausage Sandwich Fruit- S Fruit Juice Got Milk	3-27 Blueberry Pancake Mini Bites – V Fruit – S Fruit Juice Got Milk
3-30 Deluxe Cereal Bowl - V, S Fruit- S Fruit Juice Got Milk	3-31 Turkey Ham & Cheese on Hawaiian Roll Fruit – \$ Fruit Juice Got Milk			

All of the Grain/Bread items served are Whole Grain Rich.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

S: Items with an (**S**) can be saved for later **V**: Vegetarian items

Posted 02/26/20

Visit us @ http://achieve.lausd.net/cafela

For more information call (213) 241-6422

^{**} Deluxe Cereal Bowl Option (Shredded Wheat Blueberry Cereal) product contains gelatin derived from Pork.